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W E D N E S D A Y ,

I'M SO FAR BEHIND...

This is NOT a pro-ana site.



This site deals with the stark reality and deadly consequences of anorexia nervosa, bulimia nervosa, and other eating disorders, pro ana, self-harm/injury, suicide, and depression

This site is best viewed with [FIREFOX](#).

WARNING:

This page may be
Triggering!!
Please, read with care!

...in replying to your e-mail and posting your stories.

Work has been hectic since my return from holidays and I've been putting in a lot of overtime this week. It looks like it won't be until this weekend that I'm able to deal with the backlog of e-mail from August, September & October and start posting your stories. I feel badly that I haven't had the time.

Please bear with me. I'm just a little overwhelmed.



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I ' M S O



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S U N D A Y , O C T

MY NEW BABY...



Porter, 12 weeks old, after digging a hole in our backyard :^)

P O P U L A



ANOREXIC, BULIMIC, PRO
ANA / MIA? SOME TIPS,
IF Y..



PRO-ANA / PRO-MIA: LA
DANSE MACABRE



JEREMY GILLITZER: A
SHADOW OF HIS
FORMER SELF [Up...



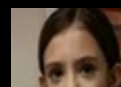
ANOREXIA: LAUREN
BAILEY BATTLES BACK
FROM THE BRI...



ANOREXIA: ISABELLE
CARO, STILL STICK
THIN...



ANOREXIA: A FEEDING
TUBE COULD BE IN
YOUR FUTURE....



ANOREXIA: DANA, 8
YEARS OLD AND

It seems like forever since I've posted. Our trip was fabulous, and at the end of it, we picked up a new addition to our family....Porter.

Porter is an Australian Labradoodle and the most incredible little guy. He's quite a character and keeps us on our toes. These pics were taken during a few fleeting moments when he wasn't tossing toys in the air, digging holes, or trying to drag clothing out of the laundry room.



Could he be more adorable?

Thanks to everyone who sent me their stories while I was away. I will do my best to get them posted this week. I hope to be able to respond to all of your emails, as well, this week. As I work full-time in a busy job that involves a lot of overtime, please bear with me if you don't hear back from me by the end of this week.

It's great to be back. I've missed you all.

~ Medusa



ANOREXIC

RNIN

page may be
negating!!
read with c

STARVATION...

ANOREXIA & BULIMIA:
THE TRAGIC LIFE OF
AIMEE MOOR...



ANOREXIA & BULIMIA:
THE TRAGIC LIFE OF
AIMEE MOOR...

W O W Z I O



S T A T C O

3068065

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S A T U R D A Y , A

**NATASHA'S STORY: "I WAS RAISED
THINKING I HAD NO WORTH, NO PLACE
IN THIS WORLD."**



"Hi medusa,

My name is Natasha and I am 18 years old.

When I think about my life, I'm never really sure when

M Y L O Y

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J E R E M Y
P E A C E



Click Jeremy's picture to read post

W O W Z I O



exactly I started hating myself.

I had suicidal thoughts when I was around 9 years old.

I was raised thinking I had no worth, no place in this world.

My stepmother starved me, beat me, and ridiculed me daily.

Despite my father telling me I was beautiful and wonderful, I felt like a true piece of crap.

I ran away at age 11 and was placed in a foster home.

My life only got worse from there.

I was abused there, so had to go to my mom's house.

My mother was doing cocaine/meth and drinking a lot so parenting me wasn't her concern.

I was really depressed all the time.

I always felt like I didn't belong anywhere.

Nobody wanted me... nobody could ever love me.

Then at 13 I met Zach....my first boyfriend...

come to find out he also was into drugs...drinking...and abuse.

But he told me he loved me. He gave me attention. He made me feel like I had worth.

Zach ended up changing my life forever, more so than Julie,

In fact, she is a raindrop compared to the storm he brought on.

Zach raped me, almost every day, for the 8 months we were together.

He took my virginity by knocking me out, and continued to do so.

I HATED myself. I blamed my body for his actions. I STILL do.

Now I was 13 when we got together, but while we were still together

I turned 14 and started my period.

Like any normal teenage girl, I had bodily changes afterwards and started getting hips and a new body that I still struggle with today.

So he told me these words that I remember so perfectly to this day, "You look bigger. You'd be so much prettier if your bones were sticking out."

So I took his advice, and starved myself. From that day



T W I T T E



Medusa
2medusa

Steven Slater, JetBlue Flight Attendant, goes out in style:
<http://huff.to/cZ6hZA> via @addthis
57 days ago

Girl quits job on dry erase board & exposes boss's work activities : <http://bit.ly/aBXaTd> via @addthis
57 days ago

@WBrettWilson "Folk will know how large your soul is, by the way you treat a dog!" ~ Charles F. Doran
74 days ago



Join the conversation

W E B S I T



A N O P E

Click:

**SHARE YOUR STORY,
THOUGHTS,
OPINIONS**

on, I was NEVER the same. ever. I went from 115 to 91 instantly. And stayed that skinny for a while.

I was cutting everyday, hating my body more and more with every breath I took.

I couldn't handle what I felt, I still can't. He took my femininity, he stole my freedom, he destroyed me.

I continued starving myself, or hardly eating anything at all, over-exercising up until I was about 16-17.

I went into a treatment center for depression because I had tried killing myself.

In that place, I met a girl who was bulimic... well, she was anorexic too,

but she explained how better she felt after puking, how much relief she experienced.

And for me cutting wasn't doing the job anymore, none of it was.

I either had to kill myself, or find something else to forget everything, something else to make me numb.

That very day is when I met my best friend and worst enemy: bulimia.

I have been bulimic for almost a year now.

I went through phases at first where I did it for a little bit, then stopped for a few days even a month one time...but now a days I do it almost everyday, usually all day.

My life is miserable. My life revolves around the next binge, the next puking session...

I HATE my body, but I hate myself more.

Everything I see in the mirror is a disappointment, regret. Its not about being skinny anymore, it's about forgetting, it's about dealing. It's about coming to terms with the pain I feel inside, which I cannot do.

I can't face myself, I can't face the memories... the hurt.

I don't see my life ever changing.

I'd love to be normal, happy, and free again.

I have so many goals and aspirations but my problems hold me back from all of them.

I destroy myself and my body because he destroyed my soul.

OPINIONS...



M Y B R O
P H O T O S



M Y B R O
B E A U T I

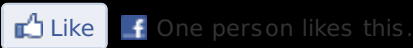
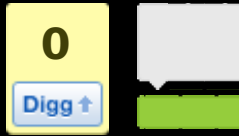


Rigby

If I could go back and change it all and be normal,
even chubby, I would.
This isn't worth it.
It never was.

I believe I'll die doing this and feeling this way.
I've lost all hope.

-thanks for listening
xoxo Natasha"



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B U L B I U M L I C I A U M T I D C B N B , N E A S T S M I D T N A
S T , O P R U Y R P G U E R , S G E N F G S T H A A R R V M A T I

Mika

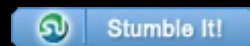


Haddie

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S H A R E



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W O W Z I O


LIVE ACTIVITY FEED




 *San Francisco, CA* reading Medusa

 *Antrim, United Kingdom* arrived from google.co.uk reading Medusa: THE SHOCKING FACE OF ANOREXIA & BULIMIA...KARLENE REFLECTS ON HER LIFE & HER REGRETS [UPDATED APRIL 28, 2010]

 *Kotka, Finland* arrived from google.com reading Medusa: BULIMIA KILLS.....WARNING! GRAPHIC PICTURES

 *Honolulu, HI* arrived from google.com reading Medusa: PRO-ANA / PRO-MIA: LA DANSE MACABRE

 *Rotterdam, Netherlands* arrived from google.nl reading Medusa: ANOREXIA: ISABELLE CABO STILL STICK THIN



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Wowzio

WARNING:

This page may be
Triggering!!

Please, read with care!

W O W Z I O



I'M SO FAR BEHIND...

grab this · health blog

Wowzio

M E D U S A



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***Will you swear on your life...
That no one will cry...
At my funeral...?***

***You laugh at the thought of
me failing...***

***I like it when it rains because
no one can tell the difference
between raindrops and
teardrops.***

***Be yourself; everyone else is
taken.***

***To the world you may only be
one person, but to one
person you may be their
world.***

~ Danielle

T E A R S .



***"You see control can never be
a means to any practical
end.... It can never be a
means to anything but more
control.... Like junk...."***

***~William S. Burroughs, Naked
Lunch***



Q U I C K L

**QUICKLINKS TO
MEDUSA'S POSTS ON
EATING DISORDERS:**

**NATASHA'S STORY: "I WAS
RAISED THINKING I HAD NO
WORTH, NO PLACE IN THIS
WORLD."**

**MAY'S STORY: "THE OTHER
GIRLS IN RECOVERY WERE
ANGELS...I CALL THEM
SISTERS OF SORROW."**

**DENISA'S STORY: "I ESCAPED.
AND CONTINUED IN MY
MADNESS."**

**ANA'S STORY: "I'M LIKE A
BROKEN LITTLE BIRD WHO
NEEDS SOME LOVE AND
CARE..."**

**JAN'S STORY: "I HOPE YOU'LL
ALSO FIND OUT ONE DAY
THAT LIFE'S WORTH TO BE
LIVED."**

**TMMK'S STORY: "I SEE
PEOPLE AT THE WORST PART
OF THEIR LIVES, WHO WHEN
THEY COME IN ARE A
SHADOW OF THEIR
PERSONALITY, A SPLINTER
THAT IS SHARP AND
ROUGH..."**

STARVATION = SKIN & BONES

= DEATH

**A PLEA FOR HELP FROM
TASHA, A 12-YEAR-OLD
GIRL...**

**OLIVER'S STORY: "BEING A
MAN, I FEARED I WOULD NOT
BE TAKEN SERIOUSLY..."**

**COLLEEN'S STORY: "WHEN WE
ALL LEAVE THIS EARTH, NO
ONE WILL EVER REMEMBER
YOU FOR HOW MUCH YOU
WEIGHED..."**

**COLLEEN'S STORY: "WHEN WE
ALL LEAVE THIS EARTH, NO
ONE WILL EVER REMEMBER
YOU FOR HOW MUCH YOU
WEIGHED..."**

**MORGAN'S STORY: "MY
WHOLE LIFE I'VE NEVER BEEN
'BLACK ENOUGH' OR 'GOOD
ENOUGH...'"**

**NAOMI'S STORY: "BELIEVE
THAT YOU CAN GET OUT OF
THIS!"**

**KAREN ELIZABETH'S STORY:
"THE GUN HAD BEEN LOADED
FOR A LONG TIME..."**

**EMYY'S STORY: "IT HAS BEEN
VERY DIFFICULT TO LEAVE
THIS HELL..."**

**CHRISTINE'S STORY: "I HOPE
THAT MY STORY CAN SERVE
AS INSPIRATION..."**

**JEREMY GILLITZER: A
SHADOW OF HIS FORMER
SELF [Update: REST IN
PEACE, JEREMY]**

**SIMEONS' PROTOCOL & THE
DANGEROUS hCG DIET**

**ARGY'S STORY: "MY DAY TO
DAY WITH THIS MONSTER
THAT LIVES INSIDE OF ME
FOR OVER 8 YEARS..."**

**MIKAYLA'S STORY: "I AM
CONSTANTLY FIGHTING A**

BATTLE BUT I WILL NEVER LET ANA WIN."

NATALIA VODIANOVA, WILL YOU STEP UP TO THE PLATE?

DID YOU KNOW THAT THE 3rd LEADING CAUSE OF DEATH FOR THOSE BETWEEN THE AGES OF 15 AND 24 IS SUICIDE?

BULIMIA: A MOTHER SHARES ON FILM THE LIFE AND DEATH OF HER BULIMIC DAUGHTER, MELISSA

SARAHLYNN'S STORY: "MY MOM DIED A FEW MONTHS AGO FROM COMPLICATIONS FROM HER ANOREXIA"

LARISSA'S STORY: "IT'S SO MUCH EASIER TO FALL INTO AN EATING DISORDER THAN TO GET BACK OUT AGAIN"

VICKI'S STORY: "MY MUM DIED LAST WEEK. ED TOOK EVERYTHING FROM HER."

ANOREXIC, BULIMIC, PRO ANA / MIA? SOME TIPS, IF YOU WANT TO LOOK LIKE THIS...[UPDATED WITH A COMMENT FROM BONY PINK]

ROBIN'S STORY: "I'M IN EATING-DISORDER PURGATORY"...

JESSE'S STORY: "I'M A NON-PURGING BULIMIC...EVERY BITE OF FOOD THAT CROSSES MY LIPS IS AN INDICTMENT."

LOULOU'S STORY: CON MAN STEALS MORE THAN FAMILY'S MONEY IN PHONY ED TREATMENT CENTRE SCAM...

NIINA: "DO YOU REMEMBER THE GIRL WE TEASED?"

AMY'S STORY: " I AM A GYM JUNKIE..."

HOW COULD ANY PRO-ANA

**FIND THESE PICTURES
"THINSPIRATIONAL"?**

**CANADIAN DESIGNER, MARK
FAST, BREAKS THE SIZE-O
BARRIER...**

**CRYSTAL RENN ROCKS THE
RUNWAY AT JEAN-PAUL
GAULTIER SHOW...**

**NIINA'S STORY: "I'M STILL
STUCK IN A VICIOUS
CIRCLE..."**

**MALLORY'S STORY: "MY LIFE
DIDN'T BEGIN WITH BULIMIA
AND DIDN'T END WHEN I GOT
HELP..."**

**IS KENDRA WILKINSON'S
HEAD ON THE WRONG BODY?**

**DEANNA'S STORY: "IT WAS
LIKE CUTTING, BUT
INTERNALIZED..."**

**JESSICA'S STORY: "A NEW
HOPE THAT I WILL BE ABLE TO
GLUE THE PIECES BACK
TOGETHER..."**

**CRYSTAL'S STORY:
"TEETERING ON THE BRINK..."**

**SKIN & BONES: THE MODELS
ON LOVE MAGAZINE'S
FEBRUARY COVERS**

**BEFORE SIZE ZERO: THE WAY
WE WERE...**

**JANELLE'S STORY: "WHY IS
SOMETHING WRONG WITH
ME?"**

**KAREN-ANN COONEY: HER
WORDS IN A VIDEO BEFORE
HER TRAGIC DEATH...**

**RENNIE'S STORY: "I HOPE I
GET HELP BEFORE I DIE."**

**EM'S STORY: "THIS IS NO WAY
TO LIVE..."**

**THE EMACIATION OF RACHEL
ZOE...**

**CYBER-BULLYING & THREATS
ARE ALIVE AND WELL ON THE
ZERO-CARB FORUM
[UPDATED JANUARY 25,
2010]...**

**TESSA'S STORY: "MY TIME
WILL COME TO TELL THE
TRUTH..."**

**ANOTHER DEATH FROM
ANOREXIA: REST IN PEACE,
SUE...**

**WHEN SHE LOOKS IN THE
MIRROR SHE SEES FAT..**

**KRISTY'S STORY: "ALL IS NOT
LOST FOR ME..."**

**MANDY'S STORY: "AT THE
END OF THIS ROAD, I MIGHT
CATCH A GLIMPSE OF ME"**

**VELVET SCARLETT: AN
UNFINISHED STORY...**

**MEG RYAN IS WASTING
AWAY...**

**PRO ANA? RESTRICTING?
STARVING? THE FUTURE'S
NOT PRETTY...**

HOLLY'S STORY: BEAUTY...

**FROM BULIMIA TO RECOVERY:
ALEXIS'S JOURNEY...**

JO'S STORY: MY STRUGGLE...

ANOREXIA: MY HELL...

**13 YEARS OLD & ANOREXIC:
KOURTNEY'S STORY...**

**JAC'S STORY: "IT WON'T
ALLOW ME TO CONSUME, BUT
IT CONSUMES ME"...**

**A CRY FOR HELP: CHARLI'S
STORY...**

A LETTER TO A FRIEND...

**PRO ANA? SOME MORE
THINSPO FOR YOU...**

**TEARS ARE NOT ENOUGH:
WHEN CRUELTY GOES**

BEYOND THE PALE

**EATING DISORDERS DO NOT
DISCRIMINATE: ALISHA'S
STORY...**

KATE'S STORY...

**EATING DISORDERS &
RECOVERY: ARIELLE'S
"MANTRA"...**

**ERASING THE YEARS WITH
PHOTOSHOP...**

**AN OPEN INVITATION: SHARE
YOUR STORY, THOUGHTS,
OPINIONS...**

**DEMI MOORE: A TALE OF A
BALMAIN DRESS, A MISSING
HIP, A BODY SNATCHER, AND
A PHOTOCHOPPER**

**ANOREXIC TWINS: SONIA &
JULIA'S STORY**

**THE SKINNY ON RALPH
LAUREN & THE
PHOTOSHOPPING DEBACLE...**

MEET MS. ANNA REXIA...

**WOULD SOMEONE PLEASE
STUFF A SOCK IN KARL
LAGERFELD'S PIE HOLE?**

**PROTRUDING VEINS...THE
TWISTED, BLUE ROADMAP: *IN
VENAE VERITAS***

**THE LIGHTERLIFE DIET,
STARVATION, AND ANOTHER
DEATH...**

**ANYTHING YOU'D LIKE TO SAY
TO "ANONYMOUS"?**

**CRYSTAL RENN: NO LONGER
HUNGRY...**

**IN LOVING MEMORY: POLLY
ANN WILLIAMS**

**KUDOS TO LIZZI MILLER, IN
ALL HER UNPHOTOSHOPPED
GLORY...**

FROM ANOREXIA TO

RECOVERY: TWINS, MONICA & GABRIELA IRIMIA (THE CHEEKY GIRLS)

I HAD ALWAYS THOUGHT THIS PICTURE WAS PHOTOSHOPPED...

JEREMY GILLITZER: A SHADOW OF HIS FORMER SELF...

ANOREXIA, BULIMIA & THE MINNESOTA STARVATION EXPERIMENT

NOREEN'S AMAZING POST: "HOW ANOREXIA FOUND ME"

LAURA WILSON: FROM AN ANOREXIC BRIDE TO RECOVERY...

MADONNA HAS TAKEN HER FITNESS REGIME A LITTLE TOO FAR...

STARVATION...

BULIMIC & USING SYRUP OF IPECAC TO PURGE? IT'S DEADLY...

MALE ANOREXIA: BRYAN BIXLER IS DYING...

MALE ANOREXIA: ADAM JASIULEC BATTLES FOR HIS LIFE...

PRO ANA MIA ? LOOKING FOR THINSPIRATION ?

BULIMIC? SO YOU DON'T THINK PURGING WILL HARM YOU? THINK AGAIN...

ANOREXIA & BULIMIA: CATENA DI MAURO, ANOTHER TRAGIC DEATH...*(Updated with a comment from PAOLO DI MAURO, Catena's twin brother)*

ANOREXIA: ISABELLE CARO, STILL STICK THIN...

THE SHOCKING FACE OF ANOREXIA &

**BULIMIA...KARLENE IS
SUFFERING
TERRIBLY[UPDATED]**

**ANOREXIA: DANA, 8 YEARS
OLD AND ANOREXIC**

**ANOREXIA: IN MEMORY OF
ALICE RAE...**

**RACHEL & CLARE
WALLMEYER: THE
WALLMEYER TWINS BATTLE
ANOREXIA & THE
LAW...[UPDATED]**

**ANOREXIC, BULIMIC, PRO
ANA / MIA? SOME TIPS, IF
YOU WANT TO LOOK LIKE
THIS...**

**CURVES ARE BEAUTIFUL:
CHLOE MARSHALL CROWNED
MISS TEEN UK**

**ANOREXIA: A FEEDING TUBE
COULD BE IN YOUR FUTURE...**

**ANOREXIA: REMEMBERING
SAMANTHA & MICHAELA
KENDALL**

WHEN I'M 64....

**LAXATIVES: SWALLOWING EYE
DROPS CAN KILL YOU...**

**KAREN CARPENTER: INTO THE
SLIPSTREAM OF ANOREXIA &
BULIMIA**

**KARLENE, MY HEART IS
BREAKING...**

**BULIMIA: FRIEDA CURTIS,
REST IN PEACE..**

**LARA FLYNN BOYLE
DESPERATELY NEEDS HELP...**

**THE SECRET OBSESSION:
CHEWING AND SPITTING...THE
"CHEW-AND-SPIT DIET"**

ANOREXIA IS NOT PRETTY...

**THE SHOCKING FACE OF
ANOREXIA &
BULIMIA...KARLENE IS IN**

HOSPITAL (NOVEMBER 10, 2008)

ANOREXIA & BULIMIA: THAT DOWNY HAIR IS CALLED "LANUGO"

ANOREXIA: LAUREN BAILEY BATTLES BACK FROM THE BRINK TO RECOVERY

PHOTOSHOPPING GONE MAD: THE SKINNY ON THE FAKE & REAL IMAGES OF MODELS ON THE INTERNET...

NOT SURE IF YOU HAVE AN EATING DISORDER? TAKE THIS QUIZ...

ANOREXIA AND BULIMIA: THE TRAGIC LIFE OF AIMEE MOORE...LATEST UPDATE: AIMEE DOING WELL IN TREATMENT (August 2, 2010)

TERRI SCHIAVO: BULIMIA & ITS DEADLY CONSEQUENCES...

EMILY'S BATTLE WITH ANOREXIA: "I DON'T FEEL I DESERVE TO EAT...THE COUNTING IS HARD...A PLATE OF RITUAL" [UPDATED!]

PRO ANA / MIA: "NOTHING TASTES AS GOOD AS THIN FEELS"

BULIMIA KILLS.....WARNING! GRAPHIC PICTURES

SUPER SKINNY ME: THE SHOCKING BBC DOCUMENTARY

TO THE GIRL WHO SAID SHE "WANTS" TO BE ANOREXIC...(UPDATED)

OLANZAPINE: DRUG HELPS ANOREXICS GAIN WEIGHT...>

GERMAN FASHION INDUSTRY STEPS UP TO THE PLATE

ANA...

LAURA GERSTEL: "IF ONLY..."

**AIMEE MOORE: DOES ALL THE
MEDIA ATTENTION GLORIFY
ANOREXIA & BULIMIA?**

**A BUM RAP: OUTRAGEOUS
ATTACKS ON KAROLINA
KURKOVA FOR BEING "TOO
FAT"**

**THE LAST CUT IS THE
DEEPEST: BLEEDING TO EASE
THE PAIN...**

**BONES OF CONTENTION ON
THE CATWALK...**

ANOREXIA RETOUCHE...

**ANA CAROLINA RESTON: SHE
WAS YOUNG, BEAUTIFUL &
STARVED TO DEATH**

**HELLO DARKNESS, MY OLD
FRIEND...**

**ANOREXICS & BULIMICS:
WONDERING WHAT THAT
DOWNY HAIR IS ON YOUR
NECK AND BODY?**

**THE DEADLY CONSEQUENCES
OF BINGEING & PURGING...**

**PRO ANA & PRO MIA: THE
RED & BLUE BRACELETS...**

**ANOREXIA & BULIMIA: THE
HORROR OF GASTROPARESIS**

**WOMEN OVER 40 STARVING,
BINGEING & PURGING...**

**ANOREXIA NERVOSA:
ALARMING SUICIDE
STATISTICS**

**BRIDEOREXIA: A CAUTIONARY
TALE FOR BRIDES-TO-BE.....**

**NEWS FLASH !!! HUNGER
HORMONE TRIGGERS
OVEREATING...**

**DEATH ON THE INTERNET: AN
ANOREXIC GIRL'S LAST
WORDS...**

**SHOCKING DIARY OF A
YOUNG PRO ANA/MIA GIRL...**

**A FAT BELLY MAY FUEL
DESIRE TO EAT MORE...**

A PLEA TO "ANONYMOUS"...

**ANOREXIA: LAURA CROSS
FIGHTING FOR HER LIFE...**

**WARNING !!! A BULGING
BELLY = INCREASED RISK FOR
DEMENTIA**

**ARE WE EMOTIONALLY WHAT
WE EAT?**

**LATE ONSET ANOREXIA...A
WOMAN IN HER 40s TALKS
ABOUT HER STRUGGLES**

**BEATING YOURSELF UP
ABOUT YOUR WEIGHT???
WELL, REAL WOMEN HAVE
CURVES...**

**WARNING TO ANOREXICS:
LANUGO IS NOT PRETTY**

**ISABELLE CARO and
ANOREXIA: HER TRAGIC
CHILDHOOD & HER CURRENT
STRUGGLE TO SURVIVE...**

**REMEMBERING WHAT ONCE
WAS THE BODY IDEAL...**

**ANOTHER EATING DISORDER
EMERGES: DRUNKOREXIA**

**ANOREXIA: AN UPDATE FROM
SHELLY FROM THE HBO
DOCUMENTARY, THIN...**

**THE KIMKINS STARVATION
DIET: ANOREXIA AND BULIMIA
NOT ONLY AFFECT WOMEN...**

I'M A CHILD ANOREXIC...

**ANOREXIA.....A CRY FOR
HELP**

EATING DISORDERS...

**TO ANONYMOUS: THERE IS
HOPE FOR YOUR
GRANDDAUGHTER...**

**HOW MANY MODELS HAVE TO
DIE ?**

**POLLY WILLIAMS, REST IN
PEACE ~ CORRECTION**

**A DOCTOR STRUGGLES WITH
ANOREXIA &
OSTEOPOROSIS.....**

**MALE ANOREXIA & BULIMIA:
AN UPDATE FROM JOHNNY
ON ANOREXIA...**

**ARE YOU ANOREXIC / BULIMIC
/ PRO ANA / PRO MIA ?**

REST IN PEACE, POLLY...

**THE DEADLY KIMKINS DIET &
EATING DISORDERS...**

THE FACES OF THE DEAD...

**THROUGH THE EYES OF AN
ANOREXIC...**

**MALE ANOREXIA & BULIMIA:
ANOREXIA AND BULIMIA NOT
ONLY AFFECT WOMEN...**

DYING TO BE THIN...

**KIMKINS & ANOREXIA:
WARNING !!! ...**

**WARNING!!! IF YOU'RE
DIABETIC & DOING KIMKINS...**

**KIMMER...MEET ISABELLE
CARO**

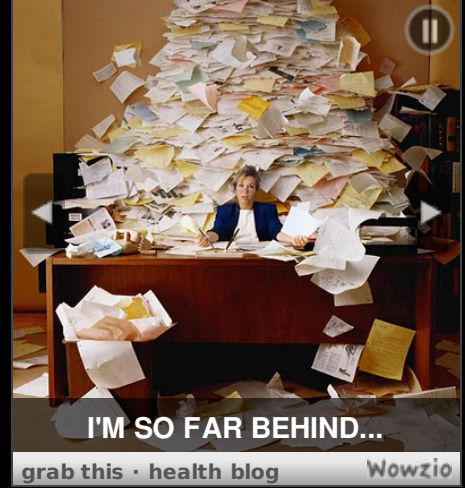
**KIMKINS MEMBERS: HERE'S
WHY YOU'RE LOSING YOUR
HAIR...**

**PRO-ANA / PRO-MIA: LA
DANSE MACABRE**

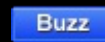
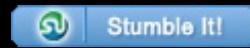
**ANOREXIA NERVOSA &
BULIMIA NERVOSA...AND
THEIR LINK TO THE DEADLY
KIMKINS DIET**

.....

W O W Z I O



S H A R E



W O W Z I O



WARNING:

This page may be
Triggering!!

Please, read with care!



T E C H N O



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J U S T A
S I T E S

***iTkUpiLLi* ~ mY diGiTAL
aRt**



sUbMeRgEd

**Actively Arielle: A Voice
With A Commitment**

My Apologies

Anti Ana Pro Recovery



101 Ways To
Cope With
Stress!

Anty pro ana

Manipulacja w pro ana

architect design™



Jayson Home &
Garden

**Bulimia Nervosa Support
Group**

**Bulimia Treatment:
Effective Self Help
Recovery for Bulimia
Nervosa | Bulimia Help**

**Joanna Poppink, MFT:
Eating Disorder Recovery**

What Should I Eat?

Mediterranean Diet Pyramid

mariasol

Kimkins hearing 07/28/2010

One BODY One MIND

Mind Games

**The skeleton in the
mirror**

Its all turned up to 11! I really
need some support please

We Bite Back - Post-pro-ana - Postmodernizing the discussion of eating disorders and encouraging recovery.

Weighing The Facts



Recovery Quote
Of The Week:
October 5th,
2010

E D S U P

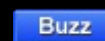
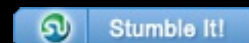
Art can be a fantastic way of expressing our thoughts and exploring our Eating Disordered lives.

This group is for anyone in recovery from an Eating Disorder (Anorexia Nervosa, Bulimia Nervosa, Compulsive Overeating and Eating Disorder Not Otherwise Specified).

ED Support @ Deviant Art

We encourage members to post non-triggering creative art and literature that are aimed at addressing the underlying causes of the disease, feelings and emotions.

S H A R E





Logo by Squeakie

IMPORTANT LINKS TO **BLOGS & WEBSITES** ON THE KIMKINS/HEIDI DIAZ aka KIMMER SCAM

M E D U S A



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blogged.

current rating: **7.0**

very good

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W O W Z I O



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M E D U S A

I'M SO FAR BEHIND...

MY NEW BABY..

NATASHA'S STORY: "I WAS RAISED
THINKING I HAD NO WORTH, NO
PLACE IN THIS WORLD."

MAY'S STORY: "THE OTHER GIRLS
IN RECOVERY WERE ANGELS...I
CALL THEM SISTERS OF
SORROW."

M E D U S A



Medusa by Arnold Bocklin

M E D U S A



When I die, I want to go peacefully
like my Grandfather did, in his
sleep...not screaming, like the
passengers in his car.....(from
"Deep Thoughts" by Jack Handey)



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.....



M E D U S A
C A N A D A
V I E W M
P R O F I L

.....

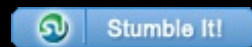
W O W Z I O
S L I D E S



I'M SO FAR BEHIND...
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.....

S H A R E





Buzz



Follow on Buzz

A R C H I V

▼ 2010 (75)

▼ October (2)

I'M SO FAR BEHIND...

MY NEW BABY..

► August (7)

► July (9)

► June (9)

► May (10)

► April (7)

► March (8)

► February (13)

► January (10)

► 2009 (77)

► 2008 (240)

► 2007 (121)

► 2006 (1)

Recommended reading...



[Thin](#)

Lauren Greenfield,...

[Best Price \\$0.53](#)

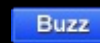
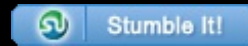
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K I M K I N

I'M SO FAR BEHIND...

Recovery Quote Of The Week:

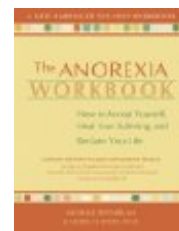
October 5th, 2010

MY NEW BABY..

I Am Not Cut From A Pattern:

Eating Disorders Poetry

Recommended reading...



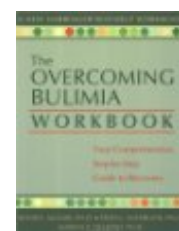
[The Anorexia Workbook](#)

Michelle Heffner, ...

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[Overcoming Bulimia](#)

Randi E., Ph.D. Mc...

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M E D U S A



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**EATING DISORDERS
HOTLINES, TREATMENT &
REFERRAL INFORMATION**



If you are in immediate risk for suicide or self harm, please call 911 right away to obtain medical and/or psychiatric assistance.

If you are presently in a crisis and/or feeling suicidal, please click the link below for a list of hotline numbers and links:

**SUICIDE/SELF-HARM
HOTLINES & LINKS**



LINKS TO **BLOGS & WEBSITES**
ON THE KIMKINS/HEIDI DIAZ aka
KIMMER SCAM



IMPORTANT **NEWSCASTS** ON THE
DANGERS OF THE KIMKINS
STARVATION DIET & THE HEIDI
DIAZ/KIMMER SCAM

Recommended reading...



[Cutting](#)

Steven Levenkron

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or Buy New \$10.85



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A Bright Red Scream

Self-Deception and the Language of Race, Media, and Reality

MARILEE STRONG

Author of The Language of Race, Media, and Reality

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S U B S C R

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 All Comments 

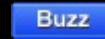


Medusa's Bookstore

W O W Z I O
S L I D E S



S H A R E



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"low calorie" (1)
"My Own Stick Figure" (1)
"plus size" models (1)
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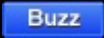
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